

# Nga Kaitiaki Mauri

- Primary Prevention Programme
  - Whanau Ora – NKM have always targeted Whanau Ora as the programme to carry the Primary Prevention of sexual violence in whanau
  - Pathway programme – for whanau goal setting
  - Mauri Ora – training for kai mahi, whanau members
  - Te Awhi Paa – Professional Organisation for Mauri Ora training
  - Agencies - Whanau Ora providers
    - - Te Pou Matakana members - pea!

# Nga Kaitiaki Mauri

- ***Activities whanau can do themselves***
- Whanau hui – on a regular basis to know what is happening in your whanau
- Know what your tamariki are doing online & texting – korero with them about being safe
- Know who is coming into your whanau
- Whakapapa hui – teach whanau their whakapapa, pepeha, turangawaewae
- Marae days

# Nga Kaitiaki Mauri

- Whanau hui can set the tikanga for your whanau
- Whanau hui can have all tamariki and rangatahi know each other and have fun together
- Whanau hui can be about the beach, awa, having fun, bbq, gathering kai
- Whanau hui can be about whanau land, housing, financial independence, business

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- Whanau hui can support whanau to know their pepeha, turangawaewae, Matua Tipuna
- Whanau hui can support whanau to learn Te Reo Maori
- Whanau hui can support academic achievements
- Whanau hui can support sustainable house projects
- And anything else you decide, the power resides within whanau